



# *Saskatchewan Taekwondo Provincials*

Grand Master Kim invites you to the Saskatchewan Taekwondo Provincials.

The following divisions (based on registration) are being offered:

1. Color Belt Division:
2. Black Belt Division:
3. Executive Division:
  - a. Adults 40 years of age and up

We invite you and the members of your schools to come to Regina for a day of fun, fair competition and great hospitality. All divisions will be made up according to age, weight, belt rank and number of tournaments participated in to ensure fair and challenging competition.

We also ask that all referees to please let us know if you will be able to come and help out. For any tournament to succeed it takes both referees and competitors. Please email Susan Mitchell at [susanne\\_m11@hotmail.com](mailto:susanne_m11@hotmail.com) if you are able to referee and what level of referee you are.

Enclosed is a schedule of events, accommodations, contact information, and application forms.

We look forward to seeing everyone (new and old participants) this year at the Turvey Centre in Regina.

Thank you for your support,

Grand Master Sung-Ju Kim



# **Saskatchewan Taekwondo Provincials**

**Information and Itinerary - Saturday, March 31, 2012**

- Venue:** Turvey Centre  
6N Armour RD  
Regina SK
- Parking:** There is ample free parking at this facility.
- Food/Drinks:** There will be a concession stand run by the Turvey Centre.
- Accommodation:**
- Ramada Inn**  
1818 Victoria Ave.  
306-569-1666 or 1-800-667-6500  
Room rate \$124 plus taxes (max four per room) Additional \$6.00 per night for underground heated parking.  
Rooms will be held until February 27, 2012. Please reference "Kim's Taekwondo Challenge" when booking to ensure this special rate.
- Best Western Seven Oaks**  
777 Albert St.  
306-757-0121 or 1-800-667-8063  
Room Rate \$125.00 plus taxes (single/double Occupancy) Kids under 16 stay free in the room.  
Rooms will be held until February 28, 2012. Please reference "Group ID - 2820" when booking to ensure this special rate.
- Entry Fees:** \$60.00 for one or both events if received by March 16, 2012  
\$70.00 for one or both events after March 16, 2012  
*Any competitor with fees outstanding on the day of competition will not be allowed to participate.*
- Registration /Weigh-ins:** **Weigh-ins are mandatory for all belt levels.**  
Competitor Weigh-ins and id pickup will be Friday night between 7:00 – 10:00 pm at the Turvey Centre.
- Door Admission:** \$5.00  
\$2.00 with student identification  
4 and under free
- Rules:** Current WTF Competition Rules will be in effect. Head contact applies to Black Belts, 13 yrs and older only. Recreational and Executive Divisions have no head contact.

## Equipment:

All protective equipment (chest protector, arm and shin guards, groin protector, and mouthguard) are mandatory and **must be supplied by the competitor**. *\*\*Please note: competitors may be asked to exchange headgear in order to avoid conflict with colour of chest protector.*

We will be trying to have most Black Belt Divisions use the Lajust equipment but each competitor should bring equipment to have their matches on a different ring. Socks **are not necessary** to participate in Kim's Challenge. If one of the competitors do not have socks we will use just the pressure setting for that match.

## Matches:

### Coloured Belts:

- Under 10 - two 60 second rounds
- Over 10 – two 90 second rounds

### Black Belts:

- Under 13 – two 2 minute rounds
- 13 and over - two 2 minute rounds and 3 two minute rounds for finals

We will be having double elimination for all divisions. Everyone will be offered at least two matches. In smaller divisions this may mean that you compete against the same competitor more than once.

## Officials:

There will be a mandatory officials' briefing at 8:00am at the competition site. Coaches are welcome.

## Itinerary:

- 7:30 am Volunteer Briefing
- 8:00 am Doors open for General Admission
- 8:00 am Officials' Briefing
- 9:00 am
  - **Opening Line-up *\*\*all competitors must be present\*\****
  - **Opening Ceremonies**
  - **Coloured Belt Poomse Competition** – Immediately following Opening Ceremonies
  - **Coloured Belt Sparring Competition** – Immediately following Poomse
  - **Black Belt (Jr. Blacks included) Poomse** (Approx. 2pm)
  - **Black Belt Sparring Competition** – Immediately following Black Belt Poomse Competition

**Contact Information:** Please mail all registrations to:

**Saskatchewan WTF Provincials 2012**  
2723 Partridge Cres  
Regina SK S4R 8L2

Or email: [kntriff@sasktel.net](mailto:kntriff@sasktel.net)

Cheques should be made out to: **Sask WTF Provincials 2012**

**If you have any further question please contact:**

Karen Triff – 306-537-0618



# Saskatchewan Taekwondo Provincials

## Color Belt Competitor Registration

PLEASE PRINT CLEARLY

(Weigh-in is mandatory. Do not have children fill out their own information)

Name: \_\_\_\_\_ Sex: Male \_\_\_\_\_ Female \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: YY/MM/DD Age: \_\_\_\_\_

Instructor: \_\_\_\_\_ Dojang: \_\_\_\_\_

Rank/Gup: \_\_\_\_\_ Belt Color: \_\_\_\_\_ Height: \_\_\_\_\_ (cm) Weight: \_\_\_\_\_ kgs)

\*please be accurate, as this information will determine competition divisions.

Events: **Both** \_\_\_\_\_ **Kyorugi (Sparring)** \_\_\_\_\_ **Poomse (Patterns)** \_\_\_\_\_

**Poomse(Pattern)- Please circle the pattern(one) that you will be doing( Poomse should the highest pattern needed to obtain their current belt level):**

Basic 1	Basic 2	Taegeuk 1	Taegeuk 2	Taegeuk 3	Taegeuk 4
Taegeuk 5	Taegeuk 6	Taegeuk 7	Taegeuk 8	Koryo(Cho Dan Bo Only)	

**Kyorugi(Sparring)- Approximately how many tournaments have you participated in?(please circle) This will be used to help create better divisions so for the safety of all participants please ensure accuracy when circling.**

0    1    2    3    4    5    6    7    8    9    10    >10

**Instructors Signature:** \_\_\_\_\_

\*\*The fee for one or both events is \$60.00 before Friday, February 17, 2012, and \$70.00 after February 17, 2012. Fees must be received by the competition date or registration will be denied. No exceptions.\*\*

**Liability Waiver -** In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors, and administrators, waive, release, and forever discharge all rights and claims for damages which I may have, or which may accrue to me against the 2012 SK WTF Provincials, Sask. WTF, The WTF Taekwondo Federation of Canada, The World Taekwondo Federation, and all members of the tournament, or their respective officers, agents, representatives, successors, and/or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with, or entry in the above athletic meet. I understand that Taekwondo is a body contact sport, which involves a risk of injury. I understand that the competition rules are based on the rules of the World Taekwondo Federation. I agree to all tournament competition rules and understand that I may be disqualified if I do not follow these rules. If I fail to show up to the competition, I knowingly forfeit all applicable registration fees. I further understand that any pictures taken of me, in connection with the 2012 SK WTF Provincials, can be used by the Tournament Director for publicity or promotion without compensation at this time, or any time.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_  
(parent or guardian for competitors under 18yrs)

Office Use Only

Date Received: \_\_\_\_\_ Registration Fee Received: \_\_\_\_\_ (officer must initial)



**BLACK BELT DIVISION  
COMPETITOR APPLICATION FORM**  
(All information must be accurate and clearly legible)



First Name:		Last Name:		
Date of Birth: (mm/dd/yyyy)	Dan:	Kukkiwon#:	Sex: Male	Female
Weight in kg: <i>Actual Weight</i>	Age:			
Taekwondo School Name:		Master/Instructor:		
Emergency Contact Name:			Telephone:	

Events: **Both** \_\_\_\_\_ **Kyorugi (Sparring)** \_\_\_\_\_ (Recreational Sparring Division: Yes No)

**Poomse (Pattern will be the standard pattern for the Dan level)** \_\_\_\_\_

**Kyorugi(Sparring)-** Approximately how many tournaments have you participated in?(please circle) **This will be used to help create better divisions so for the safety of all participants please ensure accuracy when circling.**

0   1   2   3   4   5   6   7   8   9   10   >10

**ADULT BLACK BELTS ONLY** Complete section below.

Category: Print Category name here and circle below:	Circle Your Division:	Name:
Male	Division	Female
Not exceeding 54 kg	<b>Fin</b>	Not exceeding 46 kg
Over 54 kg & not exceeding 58 kg	<b>Fly</b>	Over 46 kg & not exceeding 49 kg
Over 58 kg & not exceeding 63 kg	<b>Bantam</b>	Over 49 kg & not exceeding 53 kg
Over 63 kg & not exceeding 68 kg	<b>Feather</b>	Over 53 kg & not exceeding 57 kg
Over 68 kg & not exceeding 74 kg	<b>Light</b>	Over 57 kg & not exceeding 62 kg
Over 74 kg & not exceeding 80 kg	<b>Welter</b>	Over 62 kg & not exceeding 67 kg
Over 80 kg & not exceeding 87 kg	<b>Middle</b>	Over 67 kg & not exceeding 73 kg
Over 87 kg	<b>Heavy</b>	Over 73 kg

**JUNIOR BLACK BELTS ONLY** Complete section below.

Category: Print Category name here and circle below:	Circle Your Division:	Name:
Male	Division	Female
Not exceeding 45 kg	<b>Fin</b>	Not exceeding 42 kg
Over 45 kg - not exceeding 48 kg	<b>Fly</b>	Over 42 kg - not exceeding 44 kg
Over 48 kg - not exceeding 51 kg	<b>Bantam</b>	Over 44 kg - not exceeding 46 kg
Over 51 kg - not exceeding 55 kg	<b>Feather</b>	Over 46 kg - not exceeding 49 kg
Over 55 kg - not exceeding 59 kg	<b>Light</b>	Over 49 kg - not exceeding 52 kg
Over 59 kg - not exceeding 63 kg	<b>Welter</b>	Over 52 kg - not exceeding 55 kg
Over 63 kg - not exceeding 68 kg	<b>Light Middle</b>	Over 55 kg - not exceeding 59 kg
Over 68 kg - not exceeding 73 kg	<b>Middle</b>	Over 59 kg - not exceeding 63 kg
Over 73 kg - not exceeding 78 kg	<b>Light Heavy</b>	Over 63 kg - not exceeding 68 kg
Over 78 kg	<b>Heavy</b>	Over 68 kg

**Liability Waiver** - In consideration of your acceptance of my entry, I do hereby, for myself, my heirs, executors, and administrators, waive, release, and forever discharge all rights and claims for damages which I may have, or which may accrue to me against the 2012 SK WTF Provincials, Sask. WTF, The WTF Taekwondo Federation of Canada, The World Taekwondo Federation, and all members of the tournament, or their respective officers, agents, representatives, successors, and/or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with, or entry in the above athletic meet. I understand that Taekwondo is a body contact sport, which involves a risk of injury. I understand that the competition rules are based on the rules of the World Taekwondo Federation. I agree to all tournament competition rules and understand that I may be disqualified if I do not follow these rules. If I fail to show up to the competition, I knowingly forfeit all applicable registration fees. I further understand that any pictures taken of me, in connection with the 2012 SK WTF Provincials, can be used by the Tournament Director for publicity or promotion without compensation at this time, or any time.

<b>SIGNATURE:</b>	<b>DATE:</b>
<b>Parent/Custodial Signature:</b>	<b>Date</b>

**REGISTRATION DEADLINE: Registration must be received by midnight March 16, 2012**

